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SDĚLENÍ Z PRAXE

PRIESKUM INFORMOVANOSTI SENIORSKEJ POPULÁCIE O PREVENCIU CHRÍPKY

Prieskum informovanosti seniorskej populácie o prevencii chrípky

PhDr. Iveta Ondriová, PhD.

Katedra ošetrovateľstva FZOPU v Prešove

Chríпка je infekčné ochorenie, ktoré vyvoláva rýchlo sa šíriaci a premenlivý vírus. Prebieha ako celkové zápalové ochorenie horných dýchacích ciest. Nástup chrípky je náhly, pri plnom zdraví. Komplikácie sa vyskytujú zvlášť u vysokorizikových osôb (starých ľudí a ľudí trpiacich na chronické ochorenie srdca) a zomrieť na následky chrípky môže aj dovtedy úplne zdravý človek. Cieľom príspevku bolo monitorovať informovanosť seniorov v oblasti preventívnych opatrení proti chrípke. Prieskumnú vzorku tvorilo 100 respondentov mužského a ženského pohlavia vo veku nad 61 rokov. Ako metódu pre zber dát sme zvolili neštandardizovaný dotazník.

Kľúčové slová: zdravie, informovanosť, chrípka, seniory.

A survey of the awareness of the senior population about influenza prevention

Influenza is an infectious disease caused by a rapidly spreading and mutable virus. It occurs as a general inflammatory disease of the upper respiratory tract. The onset of influenza is sudden, in full health. Complications occur especially in high-risk individuals (elderly people and people suffering from chronic heart disease) and even a completely

DECLARATIONS:

Declaration of originality:

The manuscript is original and has not been published or submitted elsewhere.

Ethical principles compliance:

The authors attest that their study was approved by the local Ethical Committee and is in compliance with human studies and animal welfare regulations of the authors' institutions as well as with the World Medical Association Declaration of Helsinki on Ethical Principles for Medical Research Involving Human Subjects adopted by the 18th WMA General Assembly in Helsinki, Finland, in June 1964, with subsequent amendments, as well as with the ICMJE Recommendations for the Conduct, Reporting, Editing, and Publication of Scholarly Work in Medical Journals, updated in December 2018, including patient consent where appropriate.

Conflict of interest:

Not applicable.

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